

LesMILLS

Virtual Bike

Stages Installer - Application Setup Instructions

Version	2.0
Date Issued	8 th March 2019
Edits	Updates to include language and time zone settings
Application Version	Relates to application version 1.3.1 onwards



Introduction

This document is intended to provide detailed step by step information on how to set up the Les Mills Virtual Bike on the customer's premises. This document is therefore intended for on-site sales or distributor staff – this is not intended for the customer.

The set up process will consist of 3 distinct parts

1. WiFi Set-up and Application update
2. Set regional setting and register the bike
3. Set up the application connectivity
4. Test and validate

If there are any issues with the setup process, please contact:

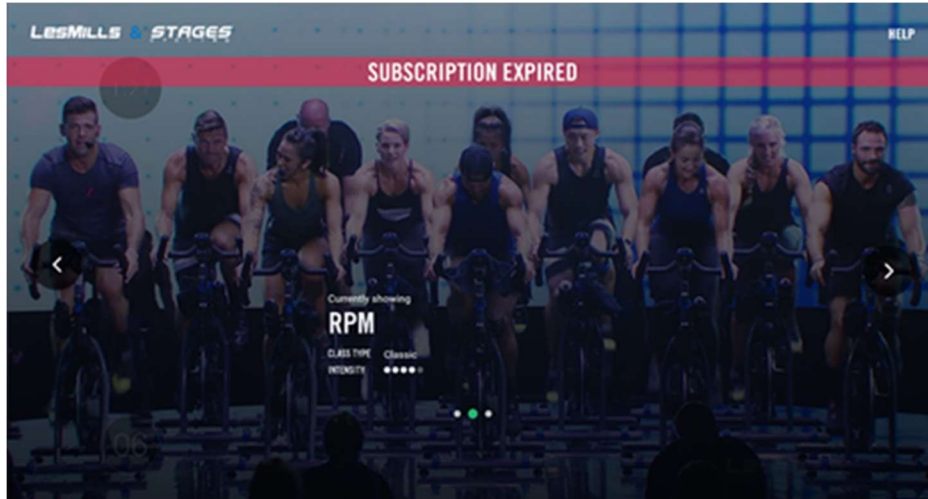
Stages Indoor Cycling Customer Support

Phone: (800) 717-8076 M-F 5am-8pm ET

Email: support@stagesindoorcycling.com

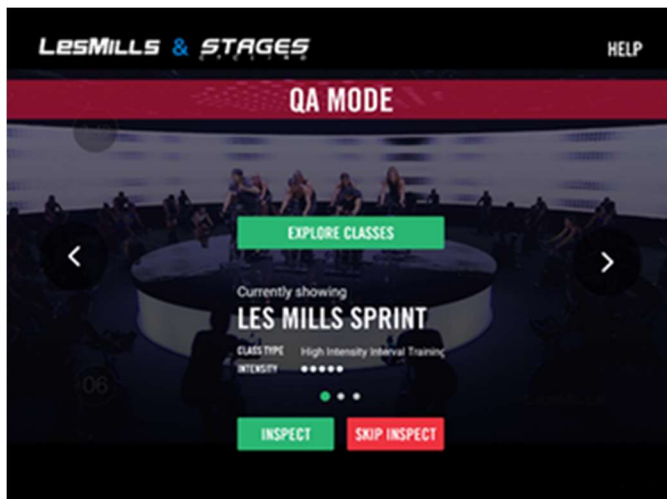
WiFi Setup and Application Update

After constructing the bike and installing the console, connect and turn on the power. The console will automatically start and the Les Mills Virtual Bike application will be launched straight away. Initially you will be presented with the following “Splash Screen”:



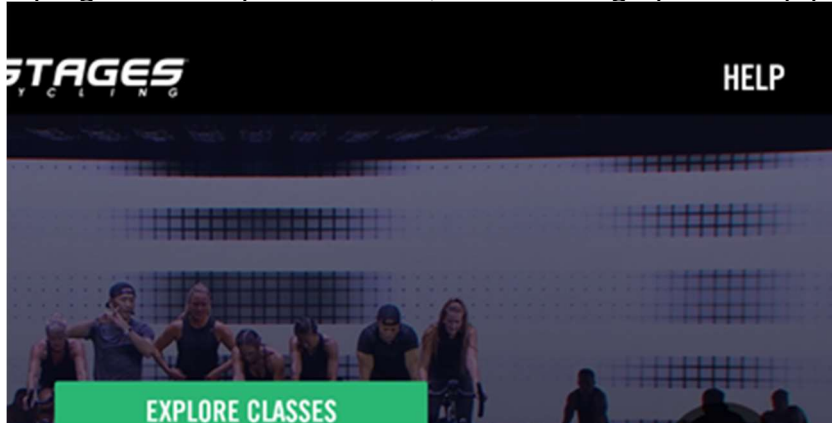
WARNING:

If you are presented with the following “QA MODE” screen, please contact the support team.

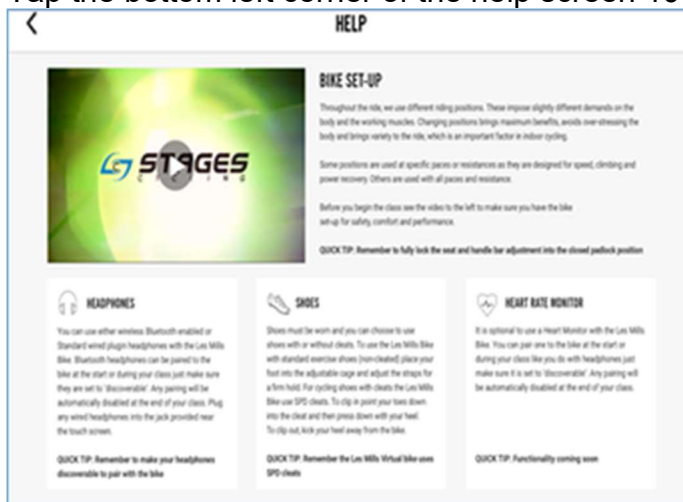


The first step in this process is to connect to the club's WiFi and allow the Les Mills Mobile Device Management (MDM) service to update the application. This step **MUST** be completed first.

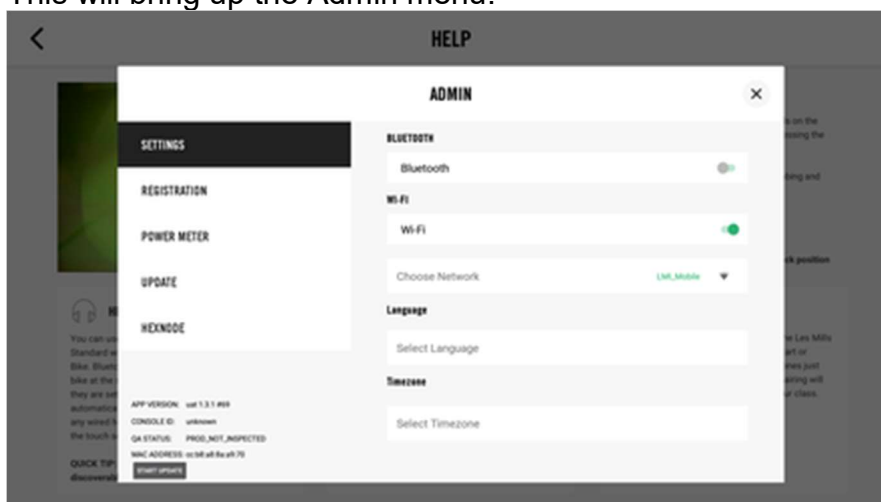
1. To setup WiFi enter the Help menu by tapping on the “Help” menu option at the top right of the Splash Screen, this will bring up the Help page



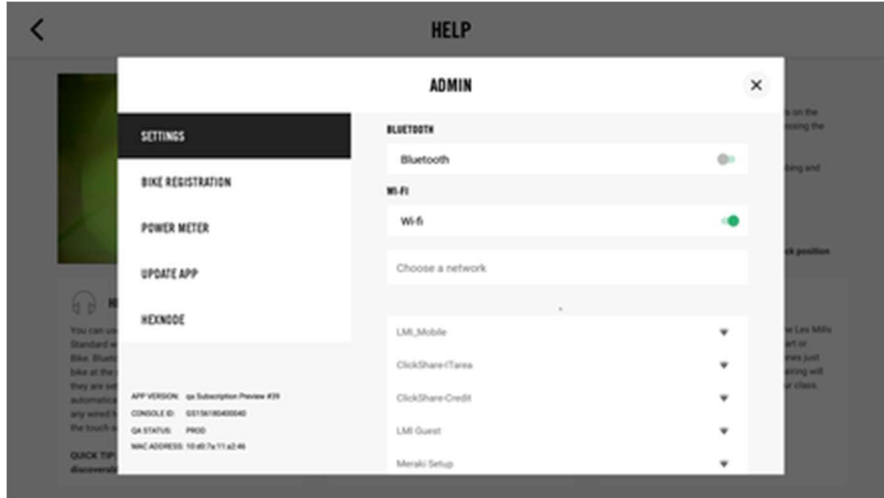
2. Tap the bottom left corner of the help screen 10 times



This will bring up the Admin menu:

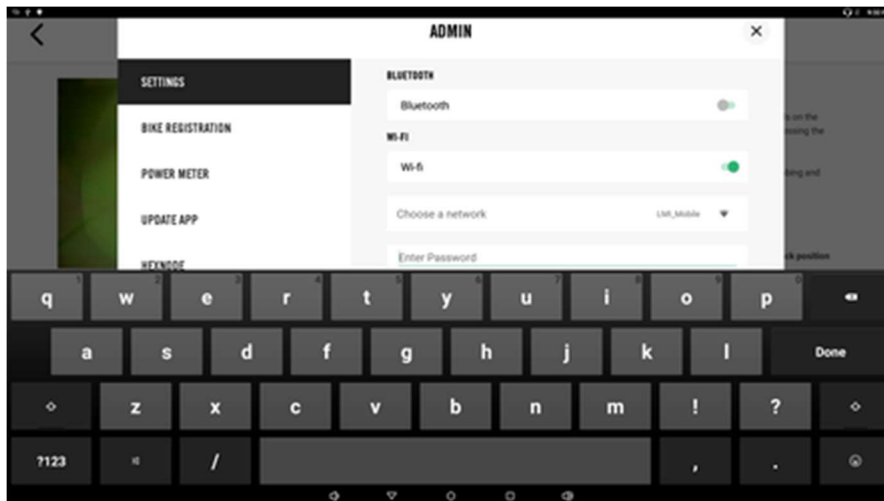


- From the Settings menu option, toggle the WiFi switch on, this will present a list of available WiFi connections

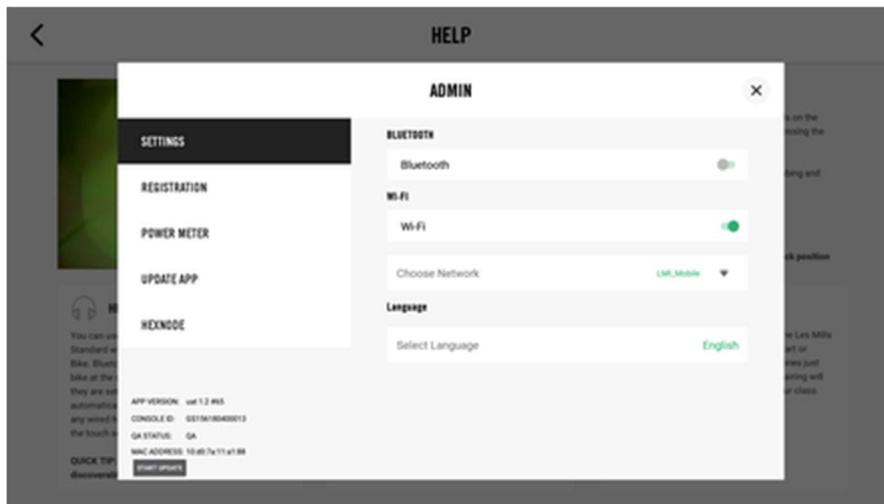


Choose the appropriate network by tapping on it, this will bring up the screen where you can enter the password for the network connection.

CRITICAL NOTE: The bike MUST be connected to a WiFi network that allows for a permanent connection (i.e. NOT one that only allows a connection for a defined period of time, nor one that requires user acceptance via a web page). WiFi access is required so that the bike can receive new content, send error logs to Les Mills and also allows for remote analysis and resolution should errors occur



To enter the password, tap on the “Enter Password” text box, this will bring up the keyboard.
Once successfully connected the WiFi connection will be shown as green (active):



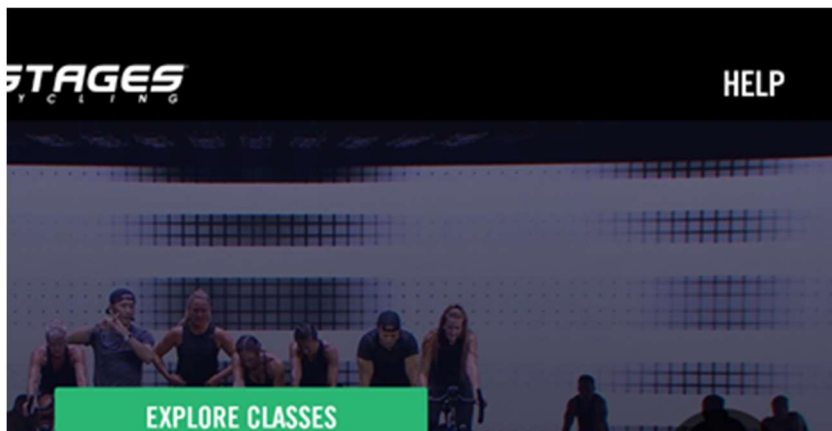
4. The next step is to step away from the bike and allow the application to be automatically updated. This can take up to 5 minutes and the application will be re-started.

If you want to check if something is happening, tap on the android menu home button which will take you to a blue screen with the Les Mills icon showing, this should be "spinning"

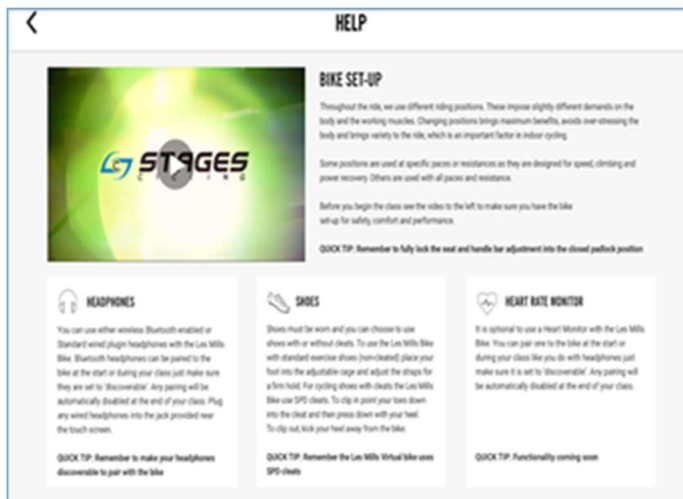
Select Language, Time Zone and Register Console

Once the application has been successfully updated and the application re-started, please proceed to the Settings menu in the Admin page:

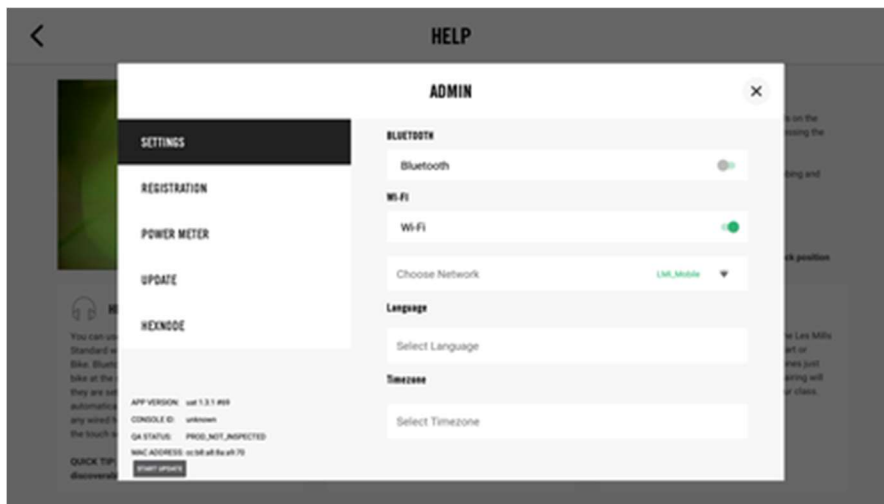
1. To set regional preferences and to register the bike enter the Help menu by tapping on the “Help” menu option at the top right of the Splash Screen, this will bring up the Help page



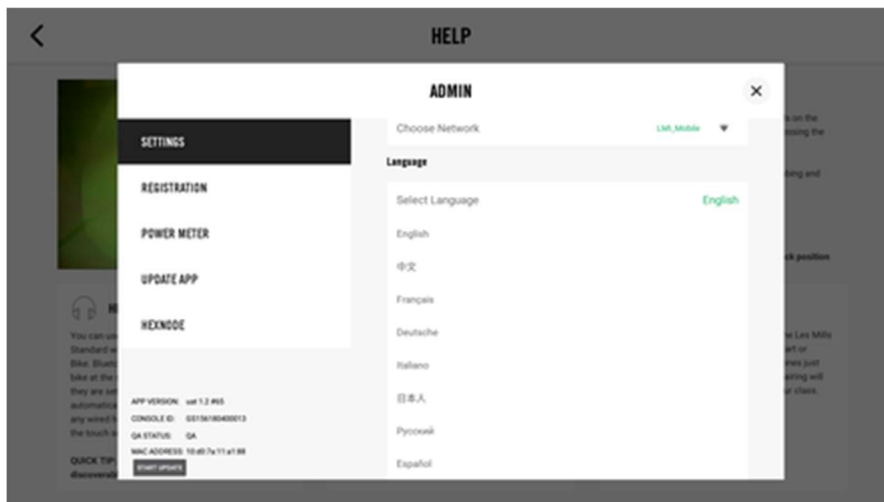
2. Tap the bottom left corner of the help screen 10 times



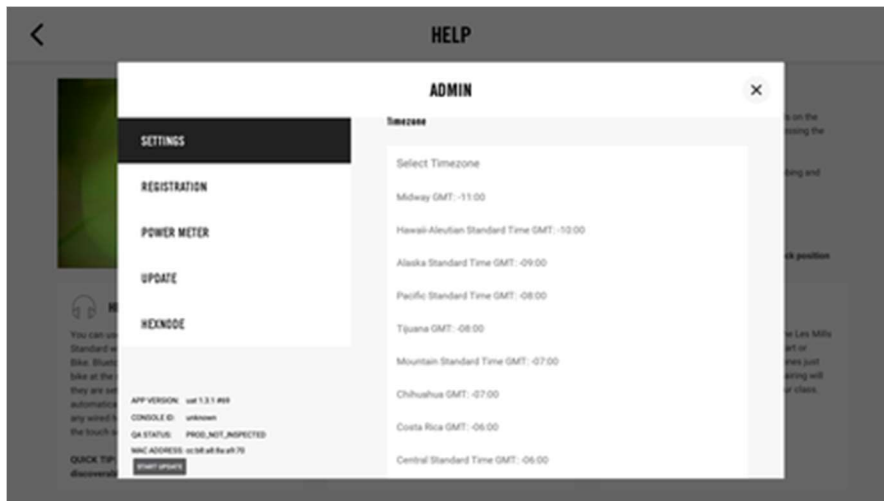
This will bring up the Admin menu:



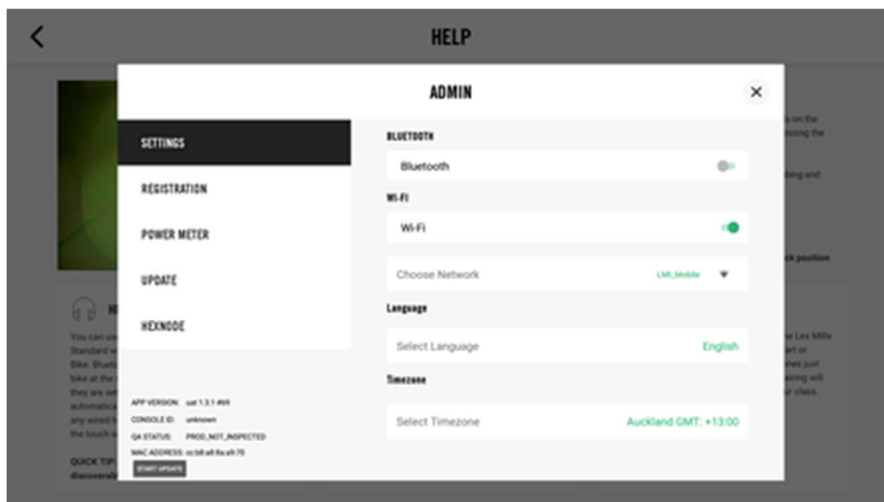
3. Ensure WiFi is on and the console connected to the internet.
From the Settings menu, select your preferred language (scroll up to reveal all languages). Note that the preferred language is applied to the application **and** to the default audio for the rides themselves.



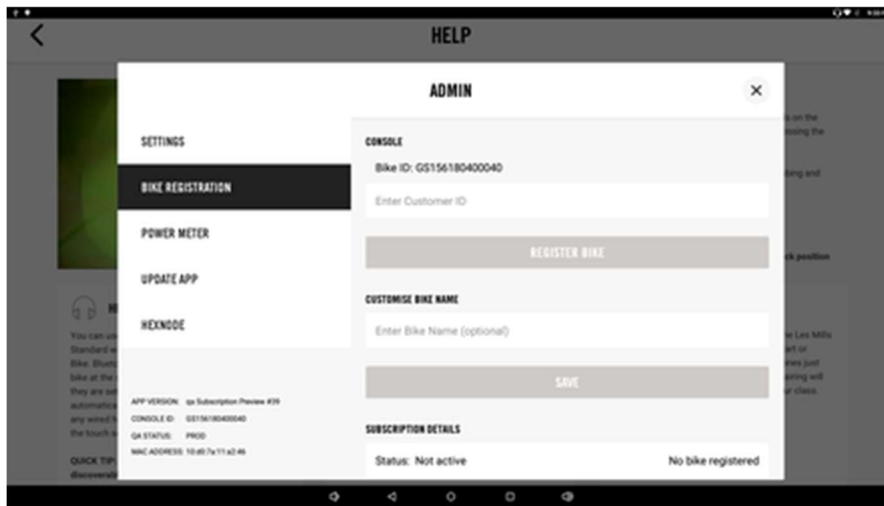
4. Next, select the Time Zone for the region the bike is in. To do this tap on the "Select Timezone" field to show a list of common time zones (scroll up to reveal all time zones)
This is a very important step. Please do not skip!



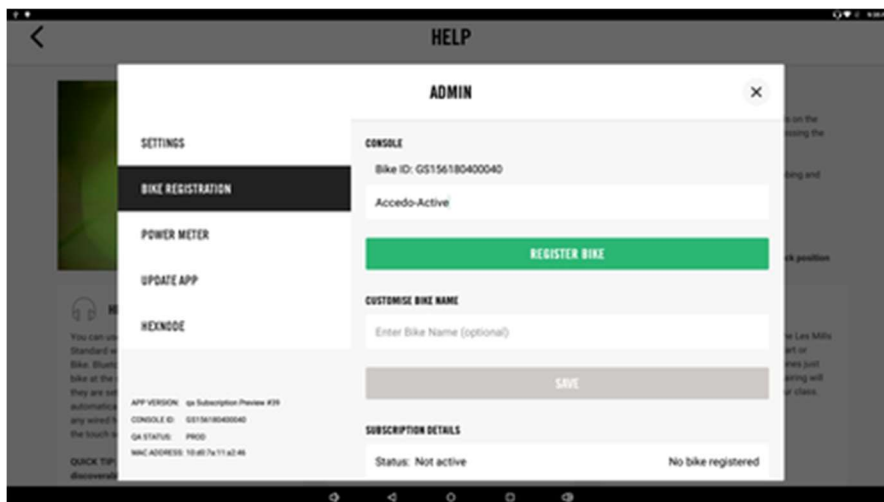
You should now have a screen that looks similar to the following:



5. Next step is to press the Bike Registration menu option which will display the registration page:

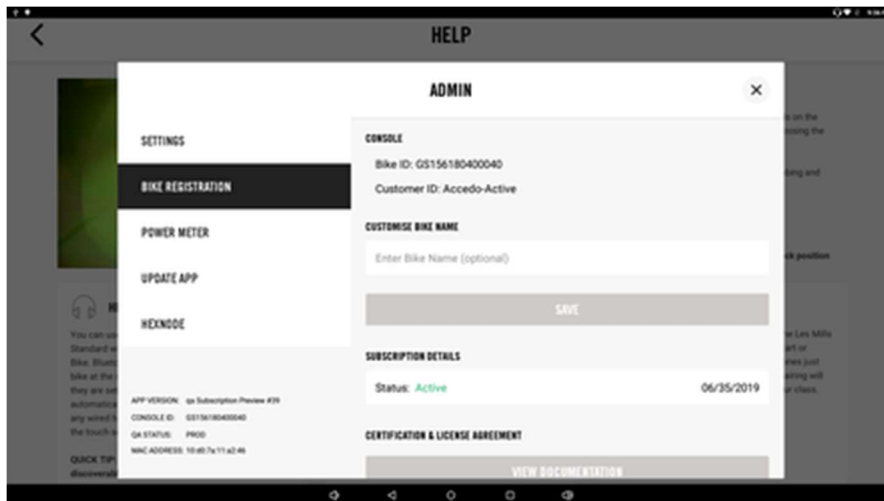


6. Enter the Stages customer ID from the worksheet into the Customer ID field and press the green "REGISTER BIKE" button:

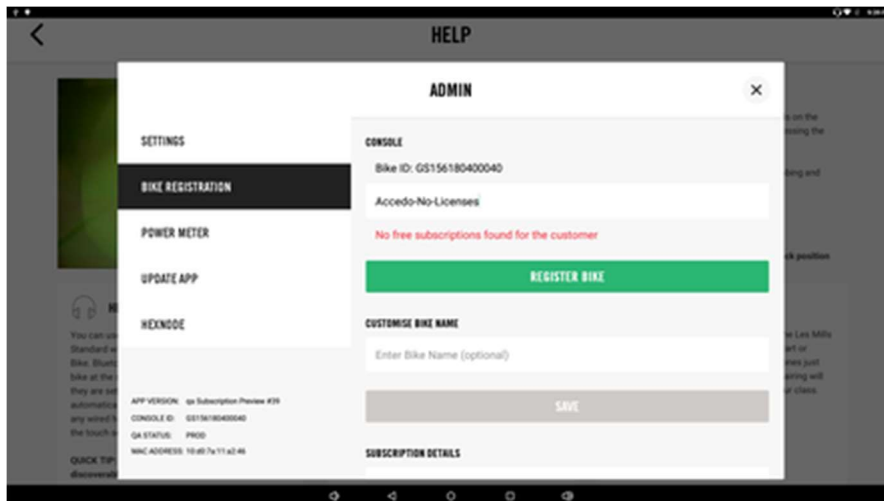


The application will then contact the back-end server and select a subscription to register against.

7. If there is an available subscription, the application will display the subscription as Active along with the subscription's expiry date:



8. If an unassigned subscription is not available the following will be displayed:

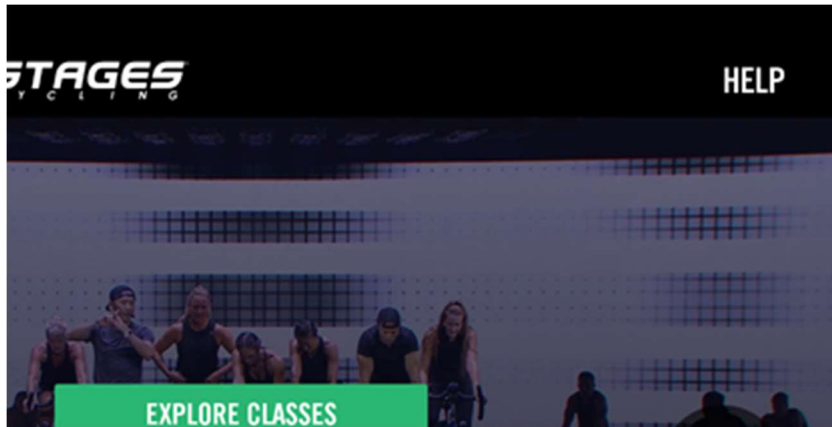


In this situation, please check that the customer ID you have entered is correct. If incorrect, simply edit the customer ID and press the green "REGISTER BIKE" button again. If the customer ID is correct and the error continues, please contact Stages Support.

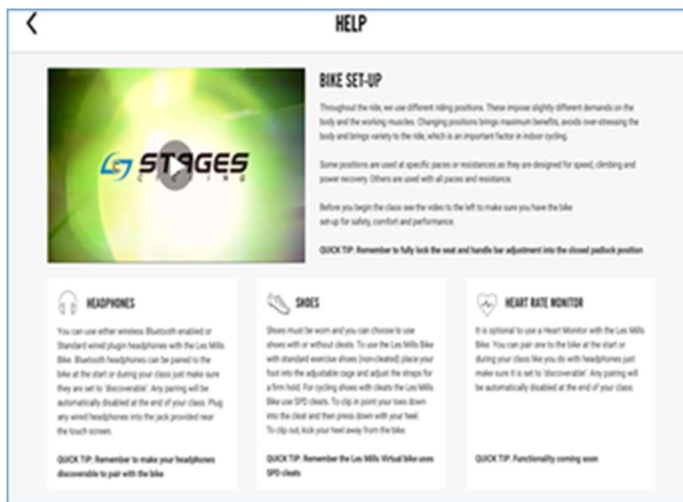
Pair with the Stages Power Meter

An important aspect of the proposition is connectivity to the Stages Power Meter. This is done by enabling Bluetooth and pairing it to the application.

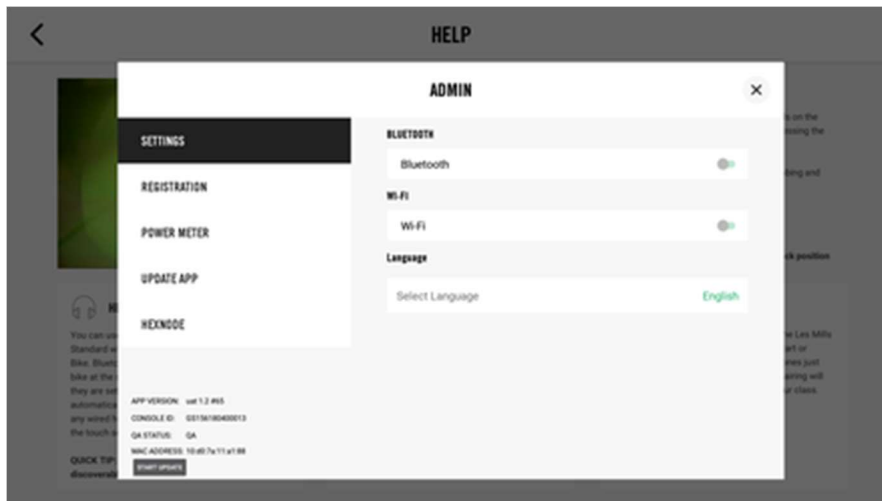
1. To Pair the power meter enter the Help menu by tapping on the “Help” menu option at the top right of the Splash Screen, this will bring up the Help page.



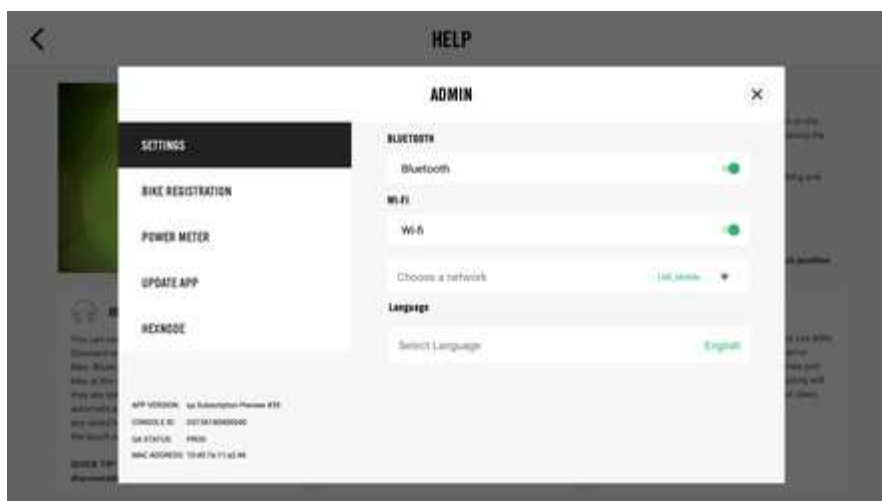
2. Tap the bottom left corner of the help screen 10 times



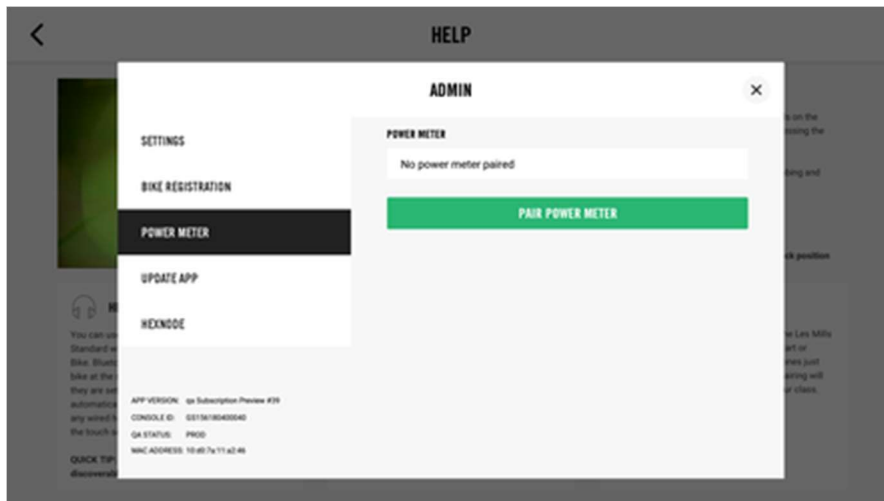
This will bring up the Admin menu:



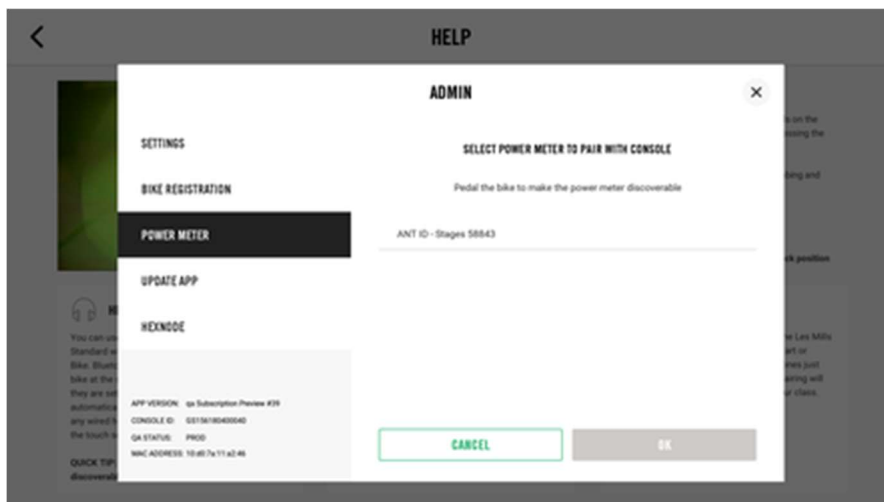
3. On the settings menu, turn Bluetooth on:



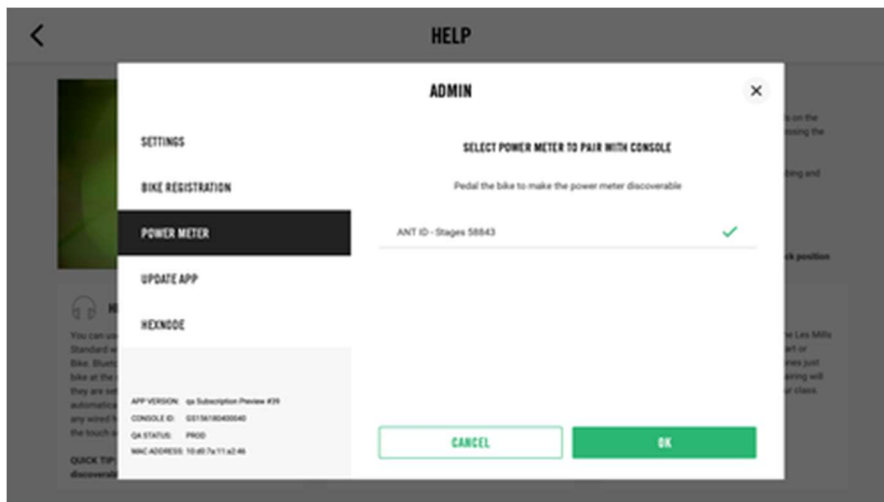
4. Select the POWER METER menu option:



Ensure the bike's power meter has batteries installed and is active (do this by pedaling the pedal with the Power Meter on it (left pedal)). Press the green PAIR POWER METER button to show the available Power Meters. Please note that there may be more than one active Power Meter. Please ensure the one on the bike you are configuring is active, check the ID(s) on the screen with the ANT ID on the Power Meter.



5. Pair to the appropriate Power Meter ID by tapping on it. Once connection is established a green tick will appear against the Power Meter ID. Press the green OK button



6. The Power Meter is now paired with the console:

